

**NOTICE OF ACTIVITIES**  
**Sunday, August 1 - Saturday, August 7 - 2010**

<p>SUNDAY, August 1  <u>Breakfast:</u> Scrambled Eggs  <u>Dinner1:00</u> Country Fried Steak Or  Chicken Cordon Bleu  <b>5:00 Boxed Dinners</b></p>	<p>9:15 a.m. - 9:45 a.m.  10:30 a.m.-12:30 p.m.  <b>6:30 p.m. - 7:30 p.m.</b></p>	<p>Bible Study/Rec. Room  Van to all Churches  <b>Bingo</b></p>
<p>MONDAY, August 2  <u>Breakfast:</u> Pancakes  <u>Lunch</u>Chile con Carne&amp;Grilled Cheese  <u>Dinner:</u> Turkey Divan Or Veal Cutlet</p>	<p>9:30 a.m. - 11:00a.m.  6:15 p.m. - 8:30 p.m.  6:15 p.m. - 8:30 p.m.  <u><b>Still on Vacation</b></u></p>	<p>YMCA  Pinochle in the Rec. Room  Bridge in the Rec. Room</p>
<p>TUESDAY, August 3  <u>Breakfast:</u> Corn Beef Hash  <u>Lunch:</u> Clam Chowder &amp; Tuna Melt  <u>Dinner:</u> Baked Cornish Hen Or Ham &amp;  Salad Bar</p>	<p>9:30 a.m.- 11:45 a.m.  9:30 a.m.- 11:15 a.m.  2:00 p.m. – 2:30 p.m.  2:30 p.m. - 3:30 p.m.  6:15 p.m. - 8:00 p.m.</p>	<p>Mahjongg Meets in Rec. Room  <b>Walmart Shopping &amp; Banks</b>  Exercise in Café area of the dining room  Pool in the Rec. Room  Bridge/Rec. Room</p>
<p>WEDNESDAY, August 4  <u>Breakfast:</u> Sausage Gravy  <u>Lunch:</u> Potato Soup &amp; Rueben  <u>Dinner:</u> BBQ Chicken Or  Polish Sausage</p>	<p><b>9-12:00 &amp; 1-4:00 p.m.</b>  9:30 a.m. - 11:00 a.m.  <b>10:30 a.m.- 3:00 p.m.</b>  <b>6:30 p.m. – 7:30 p.m.</b></p>	<p><b>Golf</b>  YMCA  <u><b>Tour of WSLs 10 TV Station &amp; Lunch</b></u>  <b>BINGO</b></p>
<p>THURSDAY, August 5  <u>Breakfast:</u> Ham &amp; Cheese Omelet  <u>Lunch:</u> French Onion Soup &amp; Salad  <u>Dinner:</u> Herb Roast Pork Or Meatloaf  &amp; Salad Bar</p>	<p><u><b>9:15 a.m. -10:00 a.m.</b></u>  10:00 a.m. - 11:00 a.m  <b>11:00 a.m.-11:30 a.m.</b>  <b>11:40 a.m. - 1:00 p.m.</b>  6:00 p.m. - 8:15 p.m.  7:00 p.m. - 7:30 p.m.</p>	<p><u><b>Liaison Meeting in rec Room</b></u>  Wii in the Peaksview rm. Fun for all  <b>Old Favorites in Rec. Room</b>  <u><b>Court Street Pizza</b></u>  Mahjongg in Rec. Room  Religious service in peaksview room</p>
<p>FRIDAY, August 6  <u>Breakfast:</u> French Toast  <u>Lunch:</u> Veggie Soup  <u>Dinner:</u> Shrimp Creole Or Turkey  Cutlet</p>	<p>9:30 a.m. - 11:15 a.m.  <b>9:30 a.m.- 11:15 a.m.</b>  <b>11:00 a.m.-12:00 p.m.</b>  2:00 p.m. - 2:30 p.m.  6:30 p.m. - 8:00 p.m.  6:15 p.m. - 8:30 p.m.</p>	<p>YMCA  <b>Wal-Mart Shopping and Banks</b>  <b>Bible Study in Rec. Room</b>  Exercise in the Café area of dining room  Indoor Shuffle Board Rec. Room  Pinochle &amp; Bridge in Rec. Room</p>
<p>SATURDAY. August 7  <u>Breakfast:</u> Poached Eggs  <u>Lunch:</u> Tomato Soup &amp; Hotdog  <u>Dinner:</u> Roast Beef Or Salad Plate</p>	<p><b>9-12:00 &amp; 1-4:00 p.m.</b>  <b>Don't Forget</b>  <b>To Walk</b></p>	<p><b>Golf</b>  <b>Inside or out Just</b>  <b>Get Moving</b></p>

